



Villa View



Embrace the possibilities

25340 West Six Mile Road • Redford, Michigan 48240 • August 2017

Notes from the Administrator

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Still basking in the glory of winning the Spirit Award in this years' Village Victory Cup, Redford participants took their bows and showed off their awards to all the residents on Friday July 21st. Some of the team members shared their experience and encouraged others to consider participating next year. In addition to a beautifully engraved plaque and commemorative T-Shirts, Redford was given tickets to PVM's annual Gala. Lucky raffle winners: Juanita Johnson, Erselean Buckanes, Mary Glenn, Anita Hartsfield, Yvonne Laws, Geraldine Chennault, Thomasine Brantley, Nadine Doolan, and Mildred Kennedy. Sandra Moore was selected as an alternate. They are all eagerly looking forward to food, fun and fellowship at the Henry Ford Museum in November.

Look for PVM on:



Please don't miss the opportunity to attend one of the many seminars being offered to residents. Anita Stephens, Service Coordinator for Redford Village has arranged for speakers to bring us up-to date information on everything from mail and phone scams to available home care services. Check your calendars and save the dates.

Sidewalk and repair of the catch basins will begin the latter part of August. This will require residents using the surface parking at the Villa to move their cars to a different location until the work is completed. Prior notification will be given as to when and where the work will begin and what areas will be affected.

Advantage Living Center Redford is presenting "Earth Angels". This is live, free entertainment in the courtyard off the Main lobby. The date is Wednesday August 16th at 6:30 p.m. Any questions, please contact Janet Frederick at (313) 541-6047.



In September, Reva Wujcik will be assisting with the reorganization of the Resident Council. Ms. Wujcik, a member of the Redford Board of Directors was instrumental in the development and implementation of the first council organized to serve the Villa of Redford. Since the inception of the original board, there have been many changes to the campus.

We will be looking to elect one resident representative from each floor of the Villa and one resident from each cottage location (Village Green, Heatherwood and Sylvan Terrace). Nominations will also be accepted for the various council officers; president, vice and secretary.



Village of Redford Residents enjoying a day out to Lake Erie Nature Park





Summer

Find and circle all of the summer words that are hidden in the grid.
The remaining letters spell an additional summer item.

J U N E S T S S S S Y K S E U L B M
 U S M E A U Y E O U H I K I N G S A
 S M W E E A N L U B N W A S E Y R E
 U T W I R R S G I C A B L N A R E R
 N S H V M T C C L T E A U D T V L C
 T Y U G I M Y S E A D B I R S S K E
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 N R E U L F M N A U O S E A R G I I
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 G N I N E D R A G S U N S H I N E N

- | | | | |
|----------|-------------|---------------|--------------|
| ANTS | FISHING | JULY | SUNBURN |
| AUGUST | FLIES | JUNE | SUNGLASSES |
| BARBECUE | FLOWERS | MOSQUITOES | SUNSCREEN |
| BASEBALL | GARDENING | NO SCHOOL | SUNSHINE |
| BEACH | GOLF | PICNIC | SUNTAN |
| BEEES | GREEN GRASS | ROLLER BLADES | SWEAT |
| BICYCLE | HAT | SANDALS | SWIMMING |
| BLUE SKY | HIKING | SKATEBOARD | U V RAYS |
| BOATING | HOLIDAYS | SOCCER | WASPS |
| BREEZE | HOT | SOLSTICE | WATER FIGHTS |
| CAMPING | ICE CREAM | SPRINKLERS | WATERMELON |



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 Perfection Salon**
Days of Operation:
Wed thru Sat.

Hours: 11 am- 4pm.

313-541-6077
**Call to make an
 appointment!**

Redford Board of Directors

- Deanna Mitchell,
Board Chairperson
- Reva Wujcik
- Carrie Hays McElrye
- Joyce King
- Laura Scanlan
- Susan Hurst
- Catherine Esannason
- Kathryn Telck



It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

We are the Champions!

How do you spell dynasty? I am beginning to think it's W-E-S-T-L-A-N-D. On Friday, June 23rd, for the third straight year and fourth time in six years the Stars from the Village of Westland won the Village Victory Cup. When asked what the secret is to their winning ways, they replied it's "the 2 p's – practice and participation. We participate in every event with the maximum number of allowable participants and we begin practicing weeks in advance. We've found the more people, the more fun and the more you practice the better you get."

With 265 participants and 96 coaches from 17 communities supported by over 70 volunteers gathered at the Ford Community & Performing Arts Center in Dearborn, this year's Village Victory Cup was the largest one yet. It was also the loudest. Though we didn't have a decibel meter to confirm it, the noise from all the spirited cheering rivalled that of a jet engine. In the end, the Sharks from the Village of Redford were deemed the most spirited and were presented with this year's Spirit Award.

Not to be out done by their southeast Michigan peers, throughout June PVM Villages 100 miles or further from the PVM Home Office competed in the Virtual Village Victory Cup. Participating Villages competed in the games at their respective Villages and reported the results to the PVM Wellness Department, which compiled them to determine the winner. Eighty-eight residents from six communities participated making it, like its counterpart, the largest one to date. It was also the closest. By just a half point, the Hornets from the Village of Hampton Meadows emerged as the victors.

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YOUR WILL

*can change
the lives
of seniors.*

Presbyterian Villages of Michigan is only able to provide the best quality of housing, programs and services to seniors throughout Michigan with the generous support of our donors.

Please consider a charitable bequest...

Without obligation, PVM Foundation would like to answer any questions you may have. Please call Paul Miller

248.281.2045
mylegacy.pvmf.org

Summer Corn Salad



INGREDIENTS:

- 6 ears corn, husked and cleaned
- 3 large tomatoes, diced
- 1 large onion, diced
- 1/4 cup chopped fresh basil
- 1/4 cup olive oil
- 2 tablespoons white vinegar
- salt and pepper to taste

Directions

1. Bring a large pot of lightly salted water to a boil. Cook corn in boiling water for 7 to 10 minutes, or until desired tenderness. Drain, cool, and cut kernels off the cob with a sharp knife.
2. In a large bowl, toss together the corn, tomatoes, onion, basil, oil, vinegar, salt and pepper. Chill until serving.

Happy Birthday to all those born in August! Please join us on August 21st at 1:30 pm in the Villa Dining Room for the Birthday Party!

- Steven Reardon.....08/02
- Nellie Love.....08/04
- Iola Byrd.....08/06
- Helen Anderson.....08/10
- Elizabeth Jones.....08/11
- Mary Glenn.....08/11
- Elizabeth Koger.....08/12
- Janice Rowe.....08/21
- Bobbie Hoskins.....08/23
- Betty Wellman.....08/25
- Noralee Villegas.....08/26
- Audrey Jones.....08/26
- Jimmie Stye.....08/30
- Hannah Micallef.....08/31



lizclimo.tumblr.com

August 2017 Activities Calendar

August 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 2pm Movie "Loving"	2 10 am Kroger \$Store 2pm Pinochle 2:30 Sing-A-Long 6:15 pm Bible Study	3 10 am Coffee Hour 10 am Pantry 1 pm Chair Exercise	4 12:45 Milkman 1 pm Arts & Crafts 5 pm Keno/Bingo	5 1 pm Bingo (Game Room)
6	7 10 am Pantry 11 am Identity Theft Presentation 5 pm Bingo/Keno 6:30 pm Cards	8 2pm Movie "Deepwater Horizon"	9 10 am Value Center/Walgreens 2pm Pinochle 2:30 Sing-A-Long 6:15 pm Bible Study	10 10 am Coffee Hour 10 am Pantry 11 am Hymn Sing	11 12:45 Milkman 1 pm Arts & Crafts 5 pm Keno/Bingo	12 1 pm Bingo (Game Room)
13	14 10 am Pantry 5 pm Bingo/Keno 6:30 pm Cards	15 2pm Movie "Sully"	16 10 am Kroger/\$Store 2pm Pinochle 2:30 Sing-A-Long 6:15 pm Bible Study	17 10 am Coffee Hour 10 am Pantry 1 pm Chair Exercise	18 12:45 Milkman 1 pm Arts & Crafts 5 pm Keno/Bingo	19 1 pm Bingo (Game Room)
20	21 10 am Pantry 1:30 pm B-Day Party 5 pm Bingo/Keno 6:30 pm Cards	22 2pm Movie "Queen of Katwe"	23 10 am Value Center/Walgreens 2pm Pinochle 2:30 Sing-A-Long 6:15 pm Bible Study	24 10 am Coffee Hour 10 am Pantry 11 am Hymn Sing	25 12:45 Milkman 1 pm Arts & Crafts 5 pm Keno/Bingo	26 1 pm Bingo (Game Room)
27	28 10 am Pantry 5 pm Bingo/Keno 6:30 pm Cards	29 2pm Movie "Oddball & the Penguins"	30 10 am Kroger/\$Store 2pm Pinochle 2:30 Sing-A-Long 6:15 pm Bible Study	31 10 am Coffee Hour 10 am Pantry 1 pm Chair Exercise		

Reminder: The Redford Board of Directors meets the fourth Wednesday of each month. Depending on the amount of members in attendance, the dining room may need to be utilized for the meeting. We appreciate your flexibility in this matter.

Welcome New Residents!
 Frank and Cynthia Morris, Villa
 Calvin and Ethel Brown, Villa



Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation



Do Some Summer Planning!
You have the power right now.

Remember PVM and older adults in your will, and rest easy knowing that you'll be doing great work long into the future.

The weather is great. Friends and family are getting together for barbecues and to enjoy the lakes, beaches and everything the great state of Michigan has to offer.

Chances are, the farthest thing from your mind is planning for *after* your lifetime.

But as you're with your family, your friends and loved ones this summer, take a moment to think about your future.

Who wants to think about that at a happy time?! ***I know!***

BUT—I challenge you—would you rather think about it at a desperate time?

By planning now, you can have the largest impact. You can build a legacy that's right for you and you'll let older adults know that you're with them now and always.

Learn more about how you can leave a bequest and start planning at mylegacy.pvmf.org. If you have any questions or comments, please contact us at 248-281-2040 or pvmfoundation@pvm.org.

Thank you!
Paul J. Miller, CFRE

****P.S.*** Do you want to volunteer with the PVM Foundation? Call us at 248-281-2043!

Reminders & Announcements

Craft Room Grand Re-Opening!

You are formally invited you to attend the “Grand Re-Opening” of the Villa Craft Room. Come enjoy some light refreshments and take a look on what we have been working on!



When: August 17, 2017 @ 2pm
Where: 3rd floor Villa Craft Room.

Helpful Housekeeping Tips from Rhonda

Stovetop “Eyes” and Drip Pans can be washed in the dishwasher to maintain cleanliness. Rhonda recommends them to be washed once a month. **REMEMBER:** “Eyes” and Drip pans must be **COMPLETELY** dry before you go to use them again! See Rhonda if you need help with this task.

THE BULLETIN BOARD

by Kay Eless

Years ago, time, experience and paying attention showed me that a good habit takes a short time to learn and a bad habit seems to take forever to break.

I figure it was at about age 60 when I very gradually started developing a bad habit of putting a pot on the stove, leaving the kitchen, and forgetting about the pot. Fortunately, I found a miracle powder known as baking soda which helped me restore many a pot. I decided to break that habit before I burned down my house and before I moved into a retirement location. The last burning was a small stainless steel frying pan that got fried to a crisp, both inside and out. It truly looked like a goner but I decided to try to restore the pan as much as possible – it took months and much patience for the baking soda to achieve about 98% restoration (the bottom is a lighter black and the inside barely shows burn damage). The pan works just fine.

After moving into my cottage, the thought of causing a fire became a constant worry every time I turned on the stove. To break the bad habit and establish better kitchen safety habits, I came up with a few solutions:

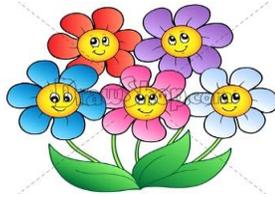
Leaving the kitchen while cooking – to break myself of forgetting that a pot or pan is on the stove, a solution came in the form of my trusty timer which was kept next to the stove. On the down side, I was in the back room watching TV when the timer went off. Clearly, this wasn't working so I moved the timer to a position closer to the back room. Success!!! By the way, I don't leave the kitchen if the food cooking needs attention. Simmering food takes care of itself, but it can and will end up burnt to a crisp if forgotten for too long.

Leaving a hot pad or kitchen mitt on the stove while cooking – to prevent the possibility of the mitt catching fire, the mitt is not placed on any portion of the stove but is kept on the side counter until needed (it wasn't a worry when I owned a home because there was no counter space surrounding the stove so laying down the mitt near a burner took me by surprise).

Before closing down for the night, I check the kitchen to make sure all is safe: no water dripping in the sink, no mitt on the stove, and no knobs accidentally pushed in and at an angle. This might seem silly to do but I want to make sure nothing is overlooked.

On July 6, residents went to the Villa Dining Room to hear Andrew Thomas, Redford Township Fire Inspector, speak of "Fire Safety". One of the points he made was how common kitchen fires are and the main reason is that the cook has left the kitchen (the cook can also be in the kitchen but is distracted by whatever). Since I love to receive and share information, I thought my remedies for kitchen safety might appeal to others.

Coordinator Corner



August is National Immunization Awareness Month.

The Romans gave this month its name in 8 BC, named after the first Roman Emperor Augustus.

The 29th President Warren G. Harding was the only US President to have died in the month of August.

- All residents are invited to the third presentation with the Michigan Consumer Education State of Michigan on August 7, 2017 from 11:00-12:30 in the dining room. The Topic: Identity Theft Prevention. Presenter is Ms. Zana Macki.
- Podiatrist (Foot specialist) Dr. Sheryl Bentzley will be at the Villa on Monday, August 21, 2017 from 9:00-12pm in the villa dining room. All residents are welcome. 
- HomeWatch Caregivers presents a seminar on Topic: Dementia Prevention with Mr. Kurt Zazanowski on August 23, 2017 @2:15pm in the Villa Dining Room.

Quote of the Month: It's better to look back on life and say "I can't believe I did that." Than to look back and say: "I wish I did that."

Service Coordinator Anita Stephens |313-541-6450



Stay hydrated!

Movie Listings August 2017



Loving Interracial couple Richard and Mildred Loving fell in love and were married in 1958. They grew up in Central Point, a small town in Virginia that was more integrated than surrounding areas in the American South. Yet it was the state of Virginia, where they were making their home and starting a family, that first jailed and then banished them. Richard and Mildred relocated with their children to the inner city of Washington, D.C., but the family ultimately tries to find a way back to Virginia.

Deepwater Horizon On April 20, 2010, the Deepwater Horizon drilling rig explodes in the Gulf of Mexico, igniting a massive fireball that kills several crew members. Chief electronics technician Mike Williams (Mark Wahlberg) and his colleagues find themselves fighting for survival as the heat and the flames become stifling and overwhelming. Banding together, the co-workers must use their wits to make it out alive amid all the chaos.

Sully On Jan. 15, 2009, Capt. Chesley "Sully" Sullenberger (Tom Hanks) tries to make an emergency landing in New York's Hudson River after US Airways Flight 1549 strikes a flock of geese. Miraculously, all of the 155 passengers and crew survive the harrowing ordeal, and Sullenberger becomes a national hero in the eyes of the public and the media. Despite the accolades, the famed pilot now faces an investigation that threatens to destroy his career and reputation.

Queen of Katwe Living in the slum of Katwe in Kampala, Uganda, is a constant struggle for 10-year-old Phiona (Madina Nalwanga) and her family. Her world changes one day when she meets Robert Katende (David Oyelowo), a missionary who teaches children how to play chess. Phiona becomes fascinated with the game and soon becomes a top player under Katende's guidance. Her success in local competitions and tournaments opens the door to a bright future and a golden chance to escape from a life of poverty.

Oddball and the Penguins A chicken farmer and his granddaughter train a dog to protect a penguin sanctuary from foxes.

SEE YOUR MONTHLY CALENDAR FOR SHOWING DATES!

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

**Villa Office Number
Cottage Office Number**

Village Staff

Gloria Robinson
Senior Housing Administrator

Hannah Micallef
*Housing Administrative Assistant,
TCS*

Steve Reardon
*Cottages Maintenance
Technician*

**(313) 541-5991
(313) 541-6300**

Mark Uzarek
Maintenance Lead, Villa

Rhonda Harvey
Housekeeper, Villa

Anita Stephens
*Service Coordinator, Villa &
Cottages (313) 541-6450*

Melissa Nestorovski
*Leasing and Marketing Specialist
(313) 541-6140*

EMERGENCY NUMBER (VILLA)

EMERGENCY NUMBER (COTTAGES)

NON EMERGENCY REDFORD PD

CLASSIC SECURITY

(313) 910-7027

(313) 573-3572

(313) 387-2500

(313) 662-4648



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A SENIOR LIVING COMMUNITY

 A Mission of Presbyterian Villages of Michigan



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