



Villa View



Embrace the possibilities

25340 West Six Mile Road • Redford, Michigan 48240 • August 2018

Administrator's Notes

Featured Articles

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Shining Star

We are still collecting nominations for Shining Star. Shining Star is PVM's annual employee recognition ceremony. This is the time to recognize the outstanding work of our dedicated employees. A copy of the nomination form will be included in this month's newsletter. Please take the time to complete the form and return to the address listed on the bottom of the form. You may mail, fax or email your nomination before August 22nd, 2018. You may nominate as many employees as you like, but each must be placed on a separate form.

Goodfellows Dolls

All dolls for Goodfellows must be returned back to the office by August 22nd. We still have a few available if you would like to swiftly dress one!

Floor Captain

The first floor south side is in need of a floor captain. If you would like to volunteer, please see the office for more information.

Water Usage

Recently, we have noticed an increase in our water bills. Please be mindful of this and report leaks as soon as you notice them.

Caregivers

A reminder that all family members/friends assisting in the care of residents for extended overnight periods must be registered at the office and have approved live in aide paperwork on file. **Failure to comply constitutes a violation of the tenant's lease agreement.**

Look for PVM on:



1st Annual Technology Summit

A number of residents enjoyed an exciting day at PVM's 1st Annual Technology Summit. The event was held at the Suburban Collection and displayed a variety of technological solutions in the senior care market. Key note speakers were Ginna Black, who specializes in innovative technology and Shelia Cotton, who has done extensive research on the impact of older adults use of technology to improve quality of life. Some of our resident attendees will share their experiences at the August Resident Forum



**EMERGENCY MAINTENANCE
NUMBER (VILLA) (313) 910-7027**



**EMERGENCY MAINTENANCE
NUMBER (COTTAGES) (313) 573-3572**



**NON EMERGENCY REDFORD PD (313)
387-2500**



CLASSIC SECURITY (313) 662-4648



**IN CASE OF AN AFTER HOURS ACCIDENTAL
FIRE ALARM: PLEASE CALL THE EMERGENCY
MAINTENANCE NUMBER FIRST! THE FIRE
DEPARTMENT CANNOT DISARM YOUR SMOKE
DETECTORS.**



It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

This month we have a special guest columnist, Kelli McDonald. Kelli recently graduated from Oakland University and she is interning with PVM this summer!



Victory is in the Air!

And the winner is...Westland! Congratulations to the Westland Stars for a big sweep to win the 2018 Village Victory Cup for the 5th time! This year was the closest competition with only a five point difference between the Stars and the Pirates from East Harbor!



Big congratulations to the residents of Oakman Manor "for taking home the Spirit Award. Sporting "Straight Outta Oakman Manor" t-shirts, they wowed the judges with their contagious team spirit, loud cheers, and incredible sportsmanship!

We also can't forget about our Virtual Village Victory Cup winners! Congratulations to the Village of Spring Meadows for winning the 2018 Virtual Village Victory Cup and the Village of Sage Grove for winning the Spirit Award with their amazing cheers during each event! Congratulations to all of the Villages for participating!

Lemon Caper Chicken



- 1 teaspoon kosher salt
- 1 teaspoon ground black pepper
- 1 teaspoon lemon pepper
- 5 tablespoons all-purpose flour
- 3 chicken cutlets
- Zest and juice of 1 lemon
- 2 tablespoons olive oil
- 1 cup chicken broth
- 2 tablespoons capers
- 3 finely minced cloves garlic
- 1 splash half-and-half (optional)
- Parsley, for garnish (optional)

Directions

1. On a flat dish, combine kosher salt, pepper, lemon pepper and 2 tbsp of the flour. Coat chicken cutlets in flour mixture and place on a plate. Sprinkle half of the lemon zest over cutlets.
2. Heat oil in a large skillet over medium heat. Brown chicken until cooked through, about 7 minutes, turning once. Transfer to a fresh plate.
3. In a bowl, whisk lemon juice, chicken broth, capers, garlic and remaining zest until smooth. Pour into skillet with drippings and whisk until combined. Add half-and-half, if desired. Return chicken to pan and heat through, 2 minutes. To serve, spoon sauce over cutlets and garnish with parsley, if desired.

HAPPY AUGUST BIRTHDAYS!

- ☺ Audrey Jones 8/26
- ☺ Helen Anderson 8/10
- ☺ Mary Bryson 8/1
- ☺ Jimmie Styte 8/30
- ☺ Deborah Eckridge 8/14
- ☺ Mary Glenn 8/11
- ☺ Iola Byrd 8/6
- ☺ Mae McKeithen 8/12
- ☺ Betty Wellman 8/25
- ☺ Nellie Love 8/4
- ☺ Elizabeth Koger 8/12
- ☺ Janice Rowe 8/21
- ☺ Elizabeth Jones 8/11
- ☺ Bobbie Hoskins 8/23
- ☺ Steve Reardon 8/2
- ☺ Hannah Micallef 8/31



© Brian Crane.

Medicine Show

Robert Stockton

ACROSS

- 1. Dutch cheese city
- 6. Frog's kin
- 10. Word with horse or meat
- 14. "It's all _____!"
- 15. Reflection in a cathedral?
- 16. Bio-pic subject Brockovich
- 17. Headgear for Jackie Kennedy
- 19. Like Death's horse
- 20. Caulker's supplies
- 21. Facilitate
- 23. Alternative to cable broadcast: abbr.
- 24. Peaceful poem
- 25. Very concise description
- 32. Layers of lettuce
- 33. One third of a Pearl Harbor film title
- 34. Simon, Randy, Kara, and Ellen, e.g.
- 35. Praiseful poem
- 36. Like Captain Jack Sparrow
- 38. Verizon forerunner
- 39. Spicy dance or dip
- 41. Semi-precious Australian export
- 42. Grab (onto)
- 43. Top choice
- 46. Not quite dix
- 47. Pitcher's stat.
- 48. Verizon competitor
- 51. Feeling when you are 37 down
- 56. Kind of sandwich or soda
- 57. Tagger's supply
- 59. Capitol Hill hire
- 60. Common menu heading
- 61. Muppet with a rubber duckie
- 62. Rod's partner
- 63. Regulars might run them
- 64. Methods: abbr.

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
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48	49	50					51	52				53	54	55
56						57	58							
59						60					61			
62						63					64			

© 2010

- 2. Mayberry man-child
- 3. "The Producers" bombshell
- 4. Spooned portions
- 5. Chances to lower a 47 across
- 6. Use a phone without speaking
- 7. Folkie Phil
- 8. "Gotcha!"
- 9. End of many academic addresses
- 10. "Carrie" director Brian
- 11. Oman man, most likely
- 12. Brooklet
- 13. Patella's place
- 18. Unattended
- 22. Dryad, e.g.
- 24. Book before Jeremiah
- 25. Arboreal moth repellent
- 26. Dancing Astaire
- 27. Leave the World of Warcraft
- 28. Blow up
- 29. Non-Latino
- 30. Cover anew
- 31. Primordial matter, to physicists
- 32. Anjou kin
- 36. Nissin noodle
- 37. Ready to retire
- 40. Florida resort island
- 42. Repository for 52 down
- 44. Get-go
- 45. "Blimey!"
- 48. "Lion King" villain
- 49. Ballerina's bend
- 50. Kind of awakening
- 51. Smidgen
- 52. See 42 down
- 53. One for Otto
- 54. Tizzy
- 55. Jeanne d'Arc, et al.
- 58. T-Mobile G1, for one

DOWN

- 1. Passes between peaks

This puzzle was created using CrossFire (<http://beekeeperlabs.com/crossfire>)



Presbyterian
Villages

O F M I C H I G A N

SENIOR LIVING COMMUNITIES

Shining Star

Hello PVM Residents, Families, Board Members and Employees,

The Shining Star Committee has revised the attached Shining Star nomination form with the intention of making it more user-friendly and adding more opportunities for recognition. A Shining Star is someone who works at PVM and has been **nominated by you** - a resident, family member, coworker or board member- for exhibiting one or more of the Service Standards of Excellence. One of the best things about this is that everyone can nominate a staff person as a Shining Star!

PVM is committed to providing excellent services to the residents we serve, their families and to each other. The vision of Service Excellence includes four core values: Respect, Relationships, Listening and Accountability. These values serve as a standard against which every action and thought can be measured. The Service Excellence Standards show our commitment to make PVM a great place to live and work.

If you witness a staff person, manager, or leader doing a great job and exhibiting of one or more of the Service Excellence Core Values, you can nominate them at any time. As an alternative to submitting a paper form you may also submit nominations online at <http://pvm.org/about-us/what-i-do-matters-service-excellence/>.

Please take this time to nominate deserving PVM staff members and share this nomination form with others. PVM is proud of the hard work and care our employees provide for those we serve and this is your opportunity to help recognize them for their efforts. Nominations may be submitted year round. However, **2018 nominations are due by August 22, 2018** to be processed in time for this year's celebration and award consideration.

Sincerely,

The 2018 Shining Star committee: Nicole Banks (Home Office), Michelle Steffen, (East Harbor), Jason Lovelly (Westland), Carl Brown (Home Office), Timprince Graves (Lakeshore), Ann Campbell (Lakeshore), Kristine Toutant (Lakeshore), Rachel Healy (East Harbor), Avni Thomas (Home Office), Nakia Johnson (Home Office), Jessica Gross (Rosebush), Dawn Corwin (Rosebush), Hannah Micallef (Redford), Gloria Robinson (Redford), Jill Tibbits (Perry Farm).





SHINING STAR NOMINATION

DUE BY August 22nd



The Shining Star award recognizes Presbyterian Villages of Michigan (PVM) employees who exhibit The PVM Service Standards of Excellence. Employees, residents, families and board members are eligible to nominate PVM employees.

EMPLOYEE NAME (One employee name only) _____
(All nominees must have completed at least 90 days of employment to qualify)

PVM VILLAGE _____

EMPLOYEE JOB TITLE OR CATEGORY (if you know please check one)

- Dining Services** (Dietary Assistant, Utility, Cook, Chef)
- Caring Spirit** (CNA, Resident Assistants/Leads., Universal Worker)
- 1st Impressions** (Administrative Assistant, Receptionist, Marketing Asst., Sales & Leasing Specialist)
- In-House Services** (Housekeeper, Laundry Assistant, Security)
- Maintenance Services** (Maintenance & Floor Technician/Coordinator/Leads, Groundskeeper)
- Wellness** (Wellness Assistant, Fitness Specialist, Wellness Coordinators, Driver/Transporters)
- Administrative/IT** (Billers, Accountants/Clerks, All Coordinators (except Wellness Coord.), Medical Asst., Gift/Database Specialist, Technology/Informatic Specialist, Compliance Specialist, Unit Secretary, Restorative and HR Assistants, Program/Vol. Coord.)

- Nursing** (LPN, RN)
- Leadership In Action** (Supervisors, Managers, Social Worker, Executive Chef, Director of Nursing)
- Sr. Leadership** (Administrators, All Directors)

CRITERIA – The PVM Service Standards of Excellence are built on the four core values listed below. These values serve as a standard against which every action and thought can be measured and support a culture where team members share their best work, gifts and talents.

Which of the Service Excellence core values have you experienced or seen this employee engaged? Please choose at least one and describe a short story or actual example. (Please use the back of form if needed)

<p>Listening</p> <p>Listens with full attention and seeks to understand</p>	<p>Accountability</p> <p>Accepts responsibility and delivers upon expectations</p>
<p>Relationships</p> <p>Forms meaningful and genuine connections with residents/staff</p>	<p>Respect</p> <p>Treats all with dignity and worth</p>

Print Name of Person Submitting Nomination _____ **Date** _____
Person submitting for is a (please circle one): EMPLOYEE RESIDENT FAMILY OTHER

You can submit nominations any of the following ways:

<p style="text-align: center;">Online</p> <p>http://pvm.org/about-us/what-i-do-matters-service-excellence/</p>	<p style="text-align: center;">Mail: Presbyterian Villages of Michigan Attn: Human Resources 26200 Lahser Rd., Suite 300, Southfield, MI 48033</p>
<p style="text-align: center;">Fax: 248-281-2098</p>	<p style="text-align: center;">Email: hrsupport@pvm.org</p>
<p>At your Village to the Administrator or Human Resources Manager</p>	

Service Coordinator Corner



Monthly Quote: "The bond that links your true family is not one of blood, but of respect and joy in being each other's life." ~ Richard Bach

If you're interested in oral dental care, Oral Health Solutions, NPO with Danielle would like to offer low-cost assistance. Sign up in the service coordinator's office or call her direct @ 248-439-0088 for an in-home appointment.

Calling on all residents interested in participating in The Wii Bowling Senior National League Championships. Bowling begins the week of August 13th for the 10th season of Wii Bowling, Registration on-line www.nslgames.com or call (435)714-9491. See Service Coordinator for more details.

Tuesday, August 28, 2018@ 11:00am. Join us for a seminar with Sarah Hickey, RN from Beaumont Hospital. Topics: Fall prevention & Fire Safety.



August is National Eye Exam Month



A month dedicated to the importance of eye health and safety.

Anita Stephens | 313-541-6450

THE BULLETIN BOARD

by Kay Eless

TIPS FOR YOU AND YOUR FAMILY – PART 4

During one of the times that my mother was in a nursing home for rehab, the facility had a vendor fair for representatives to bring their information about assisted living, Medicaid, funeral home arrangements, Elder Law, etc.

A Will is a very important document and is probably one of the most undervalued of any necessary documents to have. My mother had a very old and outdated Will, and I kept putting off having one made. I didn't know about Elder Law so I approached the lawyer to get information. He told me that Elder Law is specific to the needs of older persons.

** It was interesting to learn that:

- (1) a lawyer who draws up a Will keeps a file copy but is not responsible to keep track of it;
- (2) "for safety's sake", it is recommended that a Will be kept by the Probate Court of that person's county;
- (3) if the person moves to another county, city or state, the Will should be removed from the current court in order to be stored with the Probate Court at the new location.

** Note: Information was verified on May 3, 2018 with an Elder Law manager. By the way, there is a one-time \$25 fee for storage.

After telling my mother about my talk with the lawyer, she decided to make a new will and I decided it was time for me to get one. When both Wills were drawn up, I made a copy of them before taking the originals downtown to the Wayne County Probate Court.





The Senior Advocate.

*By Lynn Alexander,
Senior VP & Chief Marketing Officer*

STOMP OUT ELDER ABUSE!

June 15th was World Elder Abuse Awareness Day. Elder Abuse and exploitation is a rapidly growing problem in America and will continue to increase with the aging of our population. Lance Robertson of the Administration For Community Living, formerly the Administration on Aging at the federal level, released information on how to join the fight for elder justice. He stated that we need to:

BREAK DOWN ISOLATION

Elders without strong social networks are at greater risk. Stay in touch with older adults in your community. Support community efforts to fight isolation. Volunteer to deliver meals or act as a long-term care ombudsman who works to report abuse, neglect and exploitation.

LEARN TO SPOT RED FLAGS

There are a number of "red flags": Isolation, especially by a caregiver; unpaid bills or utilities that have been turned off; unusual or quick changes in a will or other financial documents; missing medications; bruises or welts.

WHAT YOU CAN DO

Elder abuse is more difficult to recognize than child abuse since children attend school. Thus, it is important that fellow citizens observe very carefully for any of the red flags mentioned. Bank tellers, nurses and physicians, senior services providers, hair stylists and others with front line access to seniors can make a difference. Report any red flags to the proper authorities. The statewide hotline in Michigan is (855) 444-3911. Let's look out for others who may not be able to protect themselves from harm.

This Month at the Movies...



Kidnap: A typical afternoon in the park turns into a nightmare for single mother Karla Dyson when kidnapers snatch her young son Frankie. With no cellphone and no time to wait for police, Dyson jumps into her car to follow the vehicle that holds Frankie. As the pursuit turns into a frantic, high-speed chase, Karla must risk everything and push herself to the limit to save her beloved child.

3 Billboards Outside Ebbing, Missouri: Mildred Hayes, a hard-nosed mother is seeking justice for her murdered daughter. With no arrests after seven months, Mildred puts up three roadside signs to goad Ebbing police chief into action. But the law - and especially Sam Rockwell's hot-headed deputy - don't take kindly to the provocation. And the townsfolk are on their side. But Mildred doesn't care about ruffling a few feathers. In fact, she's happy to pluck the whole bird.

Marshall: Young Thurgood Marshall faces one of his greatest challenges while working as a lawyer for the NAACP. Marshall travels to conservative Connecticut when wealthy socialite Eleanor Strubing accuses black chauffeur Joseph Spell of sexual assault and attempted murder. He soon teams up with Sam Friedman, a local Jewish lawyer who's never handled a criminal case. Together, the two men build a defense while contending with racist and anti-Semitic views from those who deem Spell to be guilty.

Black Panther: After the death of his father, T'Challa returns home to the African nation of Wakanda to take his rightful place as king. When a powerful enemy suddenly reappears, T'Challa's mettle as king -- and as Black Panther -- gets tested when he's drawn into a conflict that puts the fate of Wakanda and the entire world at risk. Faced with treachery and danger, the young king must rally his allies and release the full power of Black Panther to defeat his foes and secure the safety of his people.

MAIN OFFICE NUMBER 313-541-6000 | #100

Village Staff

Presbyterian Villages of Michigan Mission Statement

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

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Hannah Micallef
*Senior Housing Administrative
Assistant, TCS*
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Rhonda Kuhn
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EMERGENCY NUMBER (VILLA)

(313) 910-7027

EMERGENCY NUMBER (COTTAGES)

(313) 573-3572

NON-EMERGENCY REDFORD PD

(313) 387-2500

CLASSIC SECURITY

(313) 662-4648



**Presbyterian
Villages**
OF MICHIGAN

THE FOUNDATION

Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit **www.pvmfoundation.org**

Redford Board of Directors

❖ **Deanna Mitchell, Board Chairperson**

❖ **Reva Wujcik**

❖ **Laura Scanlan**

❖ **Susan Hurst, Vice Chair**

❖ **Kathryn Telck**

❖ **Catherine Esannason**

❖ **Mary Dobson**



The Cottages at
Redford

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan



The Villa at
Redford

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan

**The Villa and Cottages at Redford • 25340 West Six Mile Road •
Redford, Michigan 48240**

Embrace the possibilities



August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<i>hello august</i>	1 10 am Value Center/ Walgreens 1 pm Pinochle 2:30 pm Sing-A-Long 6:15 pm Bible Study	2 10 am Coffee Hour 10 am Pantry	3 1 pm Arts & Crafts 5 pm Keno/Bingo	4 1 pm Bingo (Game Room)
5 1:00 pm In His Presence Ministries Sunday Worship	6 10 am Pantry 5 pm Bingo/Keno 6:30 pm Cards	7 1 pm Pinochle 2 pm Movie "Kidnap"	8 10 am Kroger/\$Store 1 pm Pinochle 2:30 pm Sing-A-Long 6:15 pm Bible Study	9 10 am Coffee Hour 10 am Pantry 11 am Hymn Sings	10 1 pm Arts & Crafts 5 pm Keno/Bingo	11 1 pm Bingo (Game Room)
12	13 10 am Pantry 5 pm Bingo/Keno 6:30 pm Cards	14 2 pm Movie "3 Billboards Outside of Ebbing, Missouri"	15 10 am Value Center/ Walgreens 1 pm Pinochle 2:30 pm Sing-A-Long 6:15 pm Bible Study	16 10 am Coffee Hour 10 am Pantry	17 1 pm Arts & Crafts 5 pm Keno/Bingo	18 1 pm Bingo (Game Room)
19	20 10 am Pantry 1:30 pm B-Day Party 5 pm Bingo/Keno 6:30 pm Cards	21 2 pm Movie "Marshall"	22 10 am Kroger/\$Store 1 pm Pinochle 2:30 pm Sing-A-Long 6:15 pm Bible Study	23 10 am Coffee Hour 10 am Pantry 11 am Hymn Sings	24 1 pm Arts & Crafts 5 pm Keno/Bingo	25 1 pm Bingo (Game Room)
26 	27 10 am Pantry 5 pm Bingo/Keno 6:30 pm Cards	28 2 pm Movie "Black Panther"	29 10 am Value Center/ Walgreens 1 pm Pinochle 2:30 pm Sing-A-Long 6:15 pm Bible Study	30 10 am Coffee Hour 10 am Pantry 2 pm Resident Forum: Villa & Cottages	31 1 pm Arts & Crafts 5 pm Keno/Bingo	