



# Village News



## Embrace the possibilities

420 S. Opdyke Rd · Pontiac, MI 48341 · [www.pvm.org](http://www.pvm.org)

August 2020

### Featured Articles

- Administrator Notes **P. 1**
- Life—Live it Well **P. 2**
- Maintenance News **P. 3**
- Service News **P. 4**
- Wellness News **P. 5**
- August Events **P. 6**
- Walking Club **P. 7**
- Popsicle Flier **P. 8**
- Healin Meals Flier **P. 9**
- Village Victory Cup **P. 10**
- Word Search **P. 11**
- August Birthdays **P. 12**
- Resident Council **P. 13**
- Neighbors Page **P. 14**
- August Calendar **P. 15**

### Notes from the Administrator

Happy August Residents. I hope everybody had a fantastic July Holiday. First and foremost I am pleased to welcome Joelle Baughman to our Oakland Woods Family as our new Wellness Coordinator. Joelle is coming to Oakland Woods with great energy and a passion for bringing wellness to YOU! Be on the lookout for fun events she has coming up including our Picnic, Return of the Walking Club, and her exercise programs! Welcome, Joelle!

We will be conducting a unit inspection for all units beginning on Monday, July 20th and ending on Tuesday, August 11th. You will receive a notice to your door one week prior to your inspection date, with a one Call the night before. Please call the office with any questions that you may have.

We very much appreciate your patience with our Oakland Woods Maintenance Staff. If you have placed a Work order during the time of COVID-19 we have received it and are working diligently to complete all work orders that have been given to us. We thank you again for your cooperation.

As I mentioned last month, the 2020 Friends and Family Drive has come to a close and Oakland Woods has DOUBLED our goal! We are very generous to all of our donors including some of our very own Oakland Woods Residents and staff. We thank you for your generosity. You will see that our main entrances have been mulched, new arborvitaes planted, and new flowers at the Community Center. Coming up very soon you will also see new Newsletter boxes in each area, as a result of our Friends and Family funds.

Finally, please continue to be advised that all NON-ESSENTIAL visitors are prohibited from visiting until further notice. We deeply regret this as we are aware of the importance of interaction, but we are very much grateful for the opportunity to keep YOU safe by restricting Non-Essential Visitors until further notice. We thank you for your cooperation in this.

Happy August!

**Jon Hayes**  
Housing Administrator



The Village of  
**Oakland  
Woods**

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan

Look for PVM on:





# It's Your Life. Live It Well.

By Tom Wyllie,  
Director of Wellness

## *“These Are the Times That Try Men’s Souls”*

“These are the times that try men’s souls”, so wrote Thomas Paine on December 23, 1776. Considered by some to be among America’s Founding Fathers, he continued his essay as follows, “The summer soldier and the sunshine patriot will, in this crisis, shrink from the service of their country; but he that stands by it now, deserves the love and thanks of man and woman.”

These words, along with the rest of his essay titled, “The American Crisis” helped inspire the birth of a new nation. Prior to the Battle of Trenton, in which George Washington and his men famously crossed the Delaware River on Christmas Day to route the Hessian Army, General Washington had his commanders read the essay to his troops. This small, but important victory is often credited with providing the spark that was needed for the Continental Army to go on to win the American Revolution.

Today, 244 years later, we once again find ourselves in a crisis that is trying our souls. Rather than battling the tyranny of King George, we are battling the tyranny of the coronavirus. By the time you read this, we will have been in this fight for 6 months. Like me, you’re probably feeling a little weary and worn out, but now is not the time for us to shrink from the service of our country. We need to stand by it and do what we collectively can to beat back this foe. We need to wear our facemasks, wash our hands, and stay at least 6 feet apart. Though awkward and uncomfortable, this is what science tells us is the best way to combat the virus until such time there is a cure or vaccine.

In closing, I want to share another excerpt from Paine’s essay that I hope will ultimately ring true as we collectively work together against our common enemy, COVID-19.

“Let it be told to the future world, that in the depth of winter, when nothing but hope and virtue could survive, that the city and the country, alarmed at one common danger, came forth to meet and to repulse it. Say not that thousands are gone, turn out your tens of thousands; throw not the burden of the day upon Providence, but "show your faith by your works," that God may bless you. It matters not where you live, or what rank of life you hold, the evil or the blessing will reach you all. The far and the near, the home counties and the back, the rich and the poor, will suffer or rejoice alike.”

By our common action, by doing what we know we can do to control the spread of the coronavirus, there will apt to be much less suffering and a lot more rejoicing. So do your part. Be the equivalent of a 1776 American Patriot. Wear a facemask. Wash your hands. Stay 6 feet apart.



# Maintenance News

*By Matthew Myers*  
*Maintenance Lead*

## *Hello Residents!*

Hope you're all having a great summer. In order to stay cool, apartment residents may need to clean their AC screens. To remove the AC screen, pull up and toward you as shown:



Once removed you can use a small brush or paper towel to brush the dust off. After most of the dust is off, give it a good rinse. If there is any discoloration to the screen rub a small amount of dawn dish soap on and let it sit for 5 minutes before rinsing again.



Once dry, it can be reinstalled. If you cannot reach the screen or get a family member to help you, **do not** put in a work order. All apartment residents will be inspected by the end of September, ask your maintenance who is inspecting to remove it, and we can reinstall it the next business day after you have cleaned it.

# Service News

*By Sue Carney*

*Service Coordinator*

## Happy August!

Are we all counting our blessing and hopefully staying positive? We all need to take 1 day at a time. Reach out to your family and friends for conversation and support. The weather has been wonderful, get out of your apartment/cottage, meet your neighbors, get out and chat, 6 feet apart. Get away from all the TV news and go spread some positivity.

Something that we can look forward to is that we have scheduled an outdoor picnic for Thursday, August 6th. I believe the menu will consist of hot dogs, chips, beverage and maybe even a cookie! Check out the flyer that you received.

Always remember that we are here to help you best that we can. We all need to pack our patience & show our compassion. We are all in this together and we will get through this challenging times.

Keep the air hugs and backward hugs, (which I just learned about today) coming. Life is short, remember, KINDNESS is awesome and goes a long way!

Take care of yourself and each other,

Sue



## Wellness News

*Joelle Baughman  
Housing Administrator*

Hi everyone,

My first few weeks here have been so amazing. With all of the warm welcomes, I am finally starting to really settle in, the future looks great for all of us. I have learned a lot from the one's that have stopped by and said hi that I want to tell you all a little about me.

I have recently graduated from Oakland University receiving a Bachelors in Health Sciences degree. The focus of my degree was on health and nutrition. I am very passionate about all individuals having access to a healthy lifestyle because it decreases the risk of disease development and expands lifespan. However, I have a background of working in the gym atmosphere for over 3 years now. I started off teaching group fitness classes and then expanded more into personal training. Having a positive impact on other's drives me to keep doing what I am doing. I love everything about health and fitness and hopefully I can teach you how to as well.

We have some exciting events coming up this month. First on the agenda is **the Walking Club**. The purpose of the Walking Club is to get you out of the house and to help gain some of your strength back that you may have lost during the COVID quarantine. Also, why not listen to good music at the same time and chat with new friends? Secondly, **the Summer Picnic**. If you have not RSVP'd already, please do so ASAP by calling the community center. Food, drinks, and music will be provided and all you have to do is bring yourself, a lawn chair, and your facemask. **Horse racing** will be at the end of the month. But, let's not forget about the **ice cold Popsicles** that we will be bringing over to your area.

I cannot wait to meet more new residents and finally get to see everyone's faces at the events that are coming up. Feel free to reach out to me for any comments or concerns in the meantime. Let's have a great month!

# August Events



## **Walking Club**

Join Hillary and Joelle outside the Community Center every Monday, weather permitting, at 11:00 AM. We will be walking around campus and music will be provided.

## **Summer Picnic**

Come join us outside the Community Center August 6th at 12:30 PM. Lunch and music will be provided. You must wear your facemask.

## **Popsicle Pass Out**

On Wednesday, August 19th, we will be outside your area at 2:00 PM. All you have to do is come up to us and you will receive an ice cold popsicle for a hot summer day.

## **National Lemonade Day and a Virtual Comedy Show**

On Thursday, August 20th, we will be outside the community center again. Bring your favorite chair or blanket and a mask. There will be free lemonade and a virtual comedy show playing. The show will last about 45 minutes.

## **Horse Racing**

Looking for a chance to do some gambling against each other? On Friday, August 28th, come meet us all outside of the community center. Does those plastic fake horses, big yellow dice, and the number 21 ring a bell? Come find out at 2:00 PM.

**Remember you must be wearing a facemask at all of the events to help protect you and those around you.**



# Walking Club

**Every Monday at 11:00AM**

**Meet outside the community center.**

**Come gain heart and health benefits while listening to good music at the same time.**

Contact Joelle or Hillary at 248-334-4379 for more information and go to the next session!

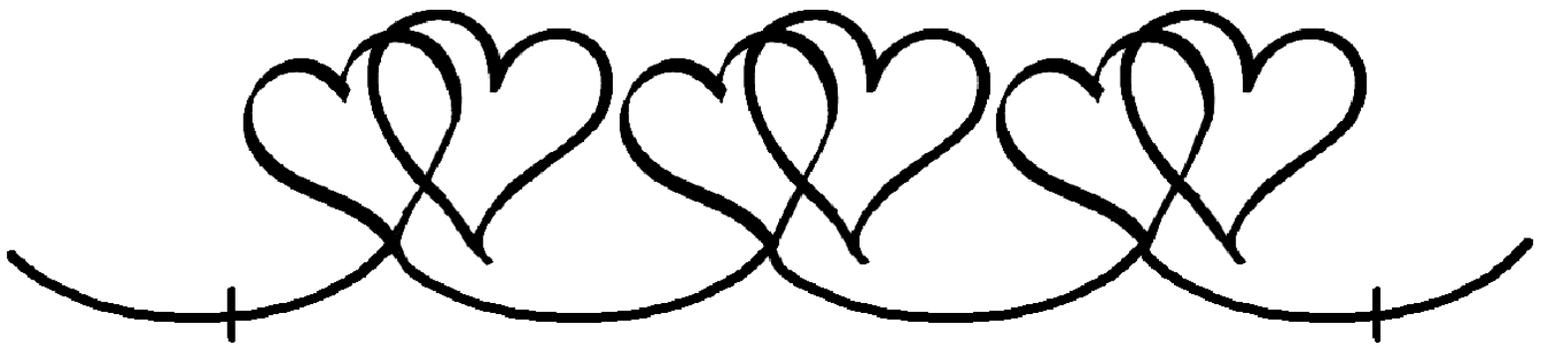
# Popsicle Pass Out

Wednesday, August 19th @ 2:00 PM

Cool off on a hot summer day with a Popsicle!



**Be on the look out as we show up to your area,  
we will not be going door to door.**



## **Healin Meals**

**Is partnering with**

**PVM to provide healthy, tasty dinners for our residents!**

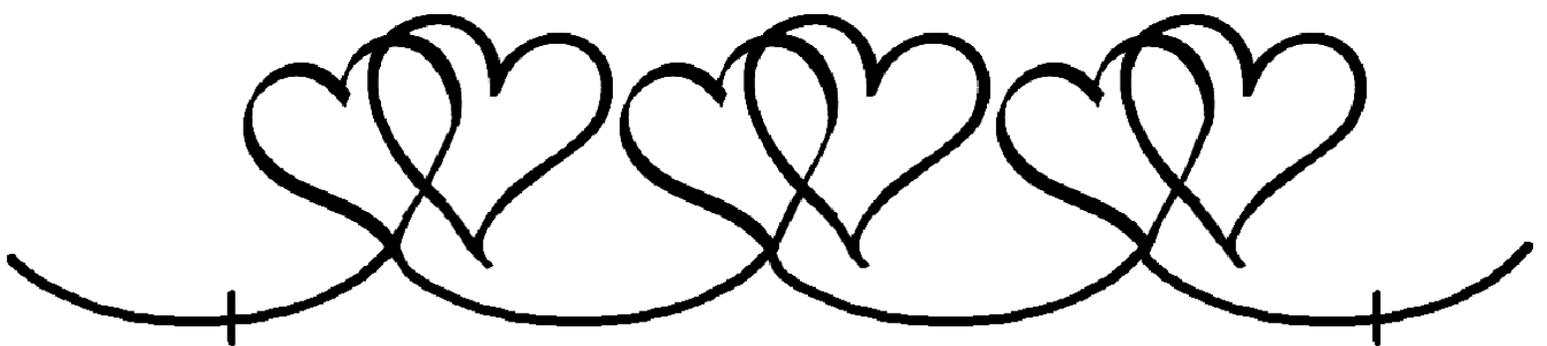
- **Every Tuesday Starting July 28th (for a limited time)**
- **Enjoy it then or save it for later in the week**
- **You will be notified of a weekly delivery time**
- **Pick up at the community center**

### **MENU IS:**

**Smoked chicken legs, rice and broccoli**

Meal is smoked and very flavorful

Cost: **FREE**





**WE NEED YOUR HELP!**

**THE VILLAGE NEEDS TO HOLD ONTO  
THEIR 1ST PLACE TITLE.**

**SUPPORTERS NEEDED TOO.**

**OUTDOOR EVENTS @ THE  
COMMUNITY CENTER.**

**MUST WEAR A MASK.**

# **2020 VILLAGE VICTORY CUP**

## **Starts 09.01**

**Participants are needed to help Oakland Woods keep their current FIRST PLACE TITLE. Sign up in the community center or give us a call by 08.15.20. Everything will be COVID friendly.**



**Contact Joelle for further information,  
questions, or to participate.**

**248-334-4379**



# 50 States Word Search

P W X J N W G K N C Z X K Z A E N U S O J X M L J  
 E S N J E I F G T S C D Z N R L P A V G M A O E K  
 N O Q I W S I O W A S Z A I A P I W F O X J D Z L  
 N U E S M C P N S C N T H R L G Z Z M V D G H S Z  
 S T W E E O N V C Q N S N O R T H C A R O L I N A  
 Y H Y O X N I P K O P N S O U T H C A R O L I N A  
 L D O R I S E E M M A T E W L M A I N E D R N X M  
 V A M H C I W C A I X G Y X T A N U S Z T G F K Z  
 A K I O O N M H N P B B B E C K E N T U C K Y S A  
 N O N D Z M W R G F D B R M S K F C C C Q X A T Y  
 I T G E F E O X C O L O R A D O O I U V R N O E A  
 A A N I N F X Y U T A H J X Y O T K Q I A K S M L  
 V H U S I M I S S O U R I K X C R S I I A R O M Q  
 O X M L C G G W A H W V S W E O T A S D E H E F N  
 K H A A A M P I V G C D W N Y T W I H J A G O L X  
 N C I N R T K A N S A S N W E A U T W L K O J O R  
 E L S D K H B Y B A C O E S H O R E K V T H I R M  
 B X M J L X I T S R C N U J L O N O Z K Z H C I I  
 R Z F C H H V W E C O H Q E N N J U F Z H C Z D S  
 A G O Z V I I M N N C W E S T V I R G I N I A A S  
 S G R R Z Y T Z I A N H A L A S K A T W C V I A I  
 K O E L M M V Y S C S E G J Z Y L T E X A S L M S  
 A K G R I A B S C I H D S W U A N E V A D A L I S  
 T B O D W D A U R N X I U S N R L K Z T Q N I N I  
 U E N W P M B E H D T O G O E C O A Q H R T N N P  
 Z Y F U K I P S E I B J P A M E G H B A K X O E P  
 R N I D A H O H Y A R I Z O N A G G I A S P I S I  
 D E L A W A R E U N V I R G I N I A K O M H S O P  
 V E R M O N T R A A P W A S H I N G T O N A C T T  
 S A R K A N S A S L T Z F E M A R Y L A N D E A M

## WORD LIST

- ALABAMA
- ALASKA
- ARIZONA
- ARKANSAS
- CALIFORNIA
- COLORADO
- CONNECTICUT
- DELAWARE
- FLORIDA
- GEORGIA
- HAWAII
- IDAHO
- ILLINOIS
- INDIANA
- IOWA
- KANSAS
- KENTUCKY
- LOUISIANA
- MAINE
- MARYLAND
- MASSACHUSETTS
- MICHIGAN
- MINNESOTA
- MISSISSIPPI
- MISSOURI
- MONTANA
- NEBRASKA
- NEVADA
- NEW HAMPSHIRE
- NEW JERSEY
- NEW MEXICO
- NEW YORK
- NORTH CAROLINA
- NORTH DAKOTA
- OHIO

- OKLAHOMA
- RHODE ISLAND
- TENNESSEE
- VERMONT
- WEST VIRGINIA
- OREGON
- SOUTH CAROLINA
- TEXAS
- VIRGINIA
- WISCONSIN
- PENNSYLVANIA
- SOUTH DAKOTA
- UTAH
- WASHINGTON
- WYOMING

# What are you excited about this week? List 4 things ...

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

## Birthday Celebration!

Happy Birthday to all of our  
August Babies!

D'Eadra Lester-Roberts	8/3
Alma Shelton	8/4
Linda Willams	8/4
Joyce Bailey	8/5
Carlene Branner	8/6
Nancy McGee	8/9
Matthew Scott	8/11
Almeta Cook	8/12
Gertrude Rankin	8/13
Karen King	8/14
Colleen Moberly	8/14
Roseann Ramsey	8/16
Philena Holdridge	8/19
Mildred Roberts	8/20
Earline Thorne	8/23
Sarah Pauling	8/24
Betty Lindauer	8/25
Samuel Scott	8/25
James Carrington	8/30
Autry Michael	8/31



# Resident Council News

By *Philena Holdridge*

*Resident Council President*

## Resident Council Board

**Philena Holdridge**, *President*

(248)977-3038

**Becky Bolden**, *Vice President*

(248)766-3684

**Vernice Harper**, *Temporary*

*Secretary* (248)499-8574

**Joyce Parlor**, *Treasurer*

(248)210-5678

## August Resident Council News

“The Lord is my shepherd, I shall not want. He maketh me to lie down in green pastures. He leadeth me beside the still waters. He restoreth my soul. He leadeth me in the paths of righteousness for His name’s sake.” Psalm 23:1-3

As we continue through this Covid 19 Pandemic and taking precautions here in our village, we can be assured that PVM is trying to follow the governor’s guidelines to protect our residents. God is watching over all of us! He leadeth us beside “still” waters, that our souls can be restored day by day. We all miss our day to day events here at Oakland Woods. Pray for our residents and staff!

## New Oakland Woods Wellness Coordinator

Speaking of staff, we do want to welcome our new Wellness Coordinator, Joelle. She is looking forward to meeting all of you, so stop by and say hello!

## Temporary Resident Council Secretary

Also, since Judy Shatto resigned last month from being Secretary of the Resident Council, Vernice Harper has offered to be the temporary secretary, until we can bring it up at a meeting for a vote. We don’t know when our meetings will start up, but it will be on the agenda.

Hope you are all enjoying seeing the beautiful flowers through out our village. Take a drive or take a walk to see them all. It may lift your spirits! Creation is God’s idea!!!

“Be still and know that He is God.” Psalm 46:10

God Bless You All...Philena

# GETTING TO KNOW YOUR NEIGHBORS

## *Phyllis Davenport*



Phyllis was born to Frank and Philomena Torma, September 8, 1950, the second of 7 children, 4 brothers and 2 sisters. Her father helped design and build their 3 bedroom ranch home in Southfield where she spent her childhood years. She attended Marion HS. It was a simple but good life, riding bikes, watching the only 4 channels available and one phone in the kitchen. She also attended classes at Oakland University and Oakland Community College.

Phyllis was married at 19, just 6 months before her husband was sent to Vietnam. She worked in retail and as a bank teller. After her husband returned from the service they settled in Royal Oak. At this time Phyllis had a wonderful born again experience. Another blessing was the birth in 1978 of her only precious daughter Rachel.

In the mid 80s her little family moved to Raleigh , NC. She loved it there and made some life long friends. She worked at a fun, creative company called Image Associates. That was a memorable time of her life.

During the 80s and 90s she was very involved in the churches they attended in North Carolina and after they moved back to Michigan. She enjoyed choir, ensembles and worship teams. She hosted both youth and home groups. All very rewarding

Changes occurred in the 2000s including the death of her father and her mother-in-law and her marriage ended. At that time she worked for a government contractor, first as a receptionist then as an analyst and eventually a buyer from 2000 - 2012. It was rewarding to be involved with building and installing add on armor kits for protection on vehicles for US soldiers and workers in the Middle East. The product saved lives, but the contracts eventually ended and contractors offices closed.

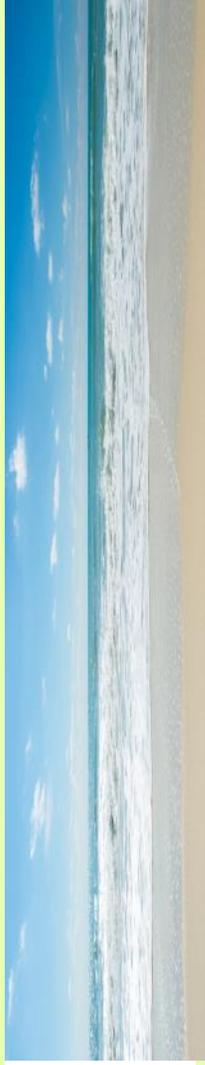
So in 2012 Phyllis went to Cass City to stay with her mother for a while, while there her mother fell and broke her right femur bone which is what brought them to the Village of Oakland Woods. She knows that God put her in her mother's life so she could care for her and enjoy the last 6 years of her mother's life.

They lived in a cottage on Heatherwood Lane with open wetlands and woods behind them where they were entertained by all the wildlife. They often posted on Philomena's Facebook page, the deer turkeys, raccoons and birds that she called her Wild Kingdom. Phyllis and her mother loved it there until Philomena passed away in August 2019.

Phyllis thanks God that she was able to stay in the village by moving to an apartment last October. "My neighbors are wonderful, caring people. The staff here is responsive and friendly. I appreciate them all. This is my home!"

And last year Phyllis was blessed with becoming a grandmother to little Charlotte, now 15 months old and a joy to baby sit. Phyllis hopes to see you around the complex soon.

# August 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Walking Club 11:00	4 Healin' Meals	5	6 Summer Picnic 12:30	7	8
9	10 Walking Club 11:00	11 Healin' Meals	12	13 Fruit and Veggies	14	15
16	17 Walking Club 11:00	18 Healin' Meals	19 Popsicle Pass Out 2:00	20 Focus Hope	21	22
23	24 Walking Club 11:00	25 Healin' Meals	26	27	28 Horse Racing 12:00	29
30	31 Walking Club 11:00					

**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

## Office Number

**(248) 334-4379**

### Village Staff

**Jon Hayes**

*Housing Administrator*

**Sharon Benton**

*Administrative Assistant*

**Hillary Vandenberg**

*Administrative Assistant*

**Joelle Baughman**

*Wellness Coordinator*

**Sue Carney**

*Service Coordinator*

**Matthew Myers**

*Maintenance Lead*

**Charles Williams**

*Maintenance Technician*

**EMERGENCY MAINTENANCE** (248) 330-0213

**ON-SITE SECURITY** (586) 596-8185



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit [www.pvmfoundation.org](http://www.pvmfoundation.org)

**Embrace the possibilities**

**The Village of  
Oakland Woods**  
A SENIOR LIVING COMMUNITY  
A Mission of Presbyterian Villages of Michigan  
420 S. Opdyke Rd  
Pontiac, MI 48341-3145

