

Sage Grove View

Embrace the possibilities

214 S. Sage Street • Kalamazoo, Michigan 49006 • www.pvm.org

September 2013

Featured Articles

For Your Safety pg. 1

Senior Advocate pg. 2

Giving Matters pg. 3

It's Your Life pg. 4

Resident Birthdays pg. 5

Administrator Column pg. 6

Calendar pg. 7



For Your Safety.

*By Carrie L. Moon-Dupree,
Vice President of Risk Management & Quality*

We'd "Love" to Hear from you!

It's that time of year; no not fall but rather "Resident Satisfaction Survey" time. In September you will receive a letter announcing that the annual resident satisfaction surveys are coming. Approximately a week later the actual survey, will be sent out. You will have approximately two weeks in which to return the survey, either in the return envelope, or in the survey box provided by your administrator. After all the surveys have been tabulated, each Village Administrator will receive the results, along with a list of comments, both good and bad. These results will be shared with you and the Board of Trustees.

and feel about their interactions with us. Lest you think your voice doesn't matter, I can tell you personally that Presbyterian Villages of Michigan pays attention to the survey results. We do spend a great deal of time understanding what we are doing right and what needs improvement based on your answers. As a result of last year's survey, every Village worked on something that was identified in that Village's survey results that needed improvement. This year you can let us know how we did.

I look forward to hearing from you and sharing the 2013 survey results. Your opinion does matter to us. Please take the time to take this confidential and anonymous survey and let your voice be heard.

This year we have partnered with a new survey company, Holleran. They are a leader in the survey field for senior living / long term care. Holleran is helping Presbyterian Villages develop a survey that really captures what our residents think

The Village of
Sage Grove

A SENIOR LIVING COMMUNITY

 Managed by Presbyterian Villages of Michigan

Look for PVM on:





The Senior Advocate.

By Lynn Alexander,
Vice President of Public Affairs

DON'T BE SCAMMED

Recently I read an interesting anecdote which asked: What do you call a person with an offer you can't refuse offering amazing returns on your investment? The answer: a scam artist who belongs in jail! Don't be taken in by these unscrupulous criminals. Protect yourself!

Here are some simple tips to follow.

Remember:

If something seems to be too good to be true, it is!

If someone is really a prince or princess from some foreign country they do not need your help to claim their fortune.

Any legitimate person would not approach a total stranger and ask for money. Tell telephone solicitors that you do not accept any requests over the phone. Always check with a trusted source (relative, friend, long-time financial adviser before investing any money in anything. Do not give in to pressure to buy. And if someone pulls that on you report them immediately.

Do not fall for the "grandparent scam" whereby someone calls telling you that your grandchild is in trouble and needs you to wire money to him or her. Remember that for every dollar you own there are thousands of people trying to steal it.

If you think you may have already been scammed tell your family or trusted adviser immediately. Many times folks fail to report these incidents because they are embarrassed. Anyone can be scammed. Just don't let them get away with it. The faster it is reported the better chance there is of recovering losses.

Follow these simple tips; and you will be a smart and savvy senior. Cheat these scam artists out of the opportunity to cheat you!

All the best to you and yours.

Announcements

- ⊕ September 2nd – Labor Day
- ⊕ September 8th – Grandparent's Day

Community Room Events

- ❖ September 4th – Commodities Pick-up. Announcement will be made when ready
- ❖ September 4th – 2:00pm Bingo with Patty – Meridian Advantage
- ❖ September 16th & 30th – Bible Study Group 4:00 – 5:00pm
- ❖ September 14th – 11:00am Fund Raiser Luncheon – 2nd Saturday of the Month
- ❖ September 21st – Crafts starting at 1:00pm every 3rd Saturday of the Month
- ❖ September 19th – Harvest Party BBQ 12:00pm
- ❖ September 26th – Bingo with– Life EMS 2:30pm
- ❖ 1st Sunday of the Month – Birthday Celebration's 5:30pm

Continued on page 5



Giving Matters.

**By Paul J. Miller, CFRE,
President, PVM Foundation**

Celebrate Somewhere In Time and Support PVM's Mission!

Do you want to positively impact the lives of PVM residents AND have a fun, memorable night? Then join us for the 10th annual ***It's A Wonderful Life*** Gala on Friday, November 1st at The Henry Hotel in Dearborn! This year's theme, *Somewhere In Time*, is a celebration of life's moments throughout the decades – where we have been and where we are going. You won't want to miss the inspirational resident stories that will be proudly displayed for our PVM family and friends to see!

When: Friday, November 1, 2013

5:30 p.m. Sponsor & Patron VIP Pre-Reception
6:00 p.m. General Cocktail Reception & Raffle
7:00 p.m. Dinner & Program

Where: The Henry Hotel, 300 Town Center Drive, Dearborn, Michigan 48126

Cost: \$250 Individual Ticket includes General Cocktail Reception, Dinner & Program

\$325 Patron Ticket includes Private VIP Pre-Reception, Prime Seating at Dinner & Program

Event proceeds will benefit the needs of more than 4,300 residents and community seniors throughout Michigan. **PVM employees can purchase tickets through payroll deduction or you can even donate PTO time.** For more information, contact us at 248-281-2040 or pvmfoundation@pvm.org, or visit the "Events" page at www.pvmfoundation.org.

Thank you for supporting the PVM mission and I hope to see you on November 1st!

Warm regards,
Paul J. Miller, CFRE

10th Annual
it's a wonderful Life
2013 GALA

10th Annual
it's a wonderful Life
2013 GALA

Somewhere In Time

Sponsorship Packages Starting at \$350
Patron Tickets at \$325 per person
Individual Tickets at \$250 per person

For more information, contact PVM Foundation at **248.281.2040** or visit www.pvmfoundation.org

Friday, November 1, 2013
The Henry Hotel, 300 Town Center Drive
Dearborn, MI 48126

5:30 p.m. VIP Pre-Reception
(Sponsors & Patron Tickets only)
6:00 p.m. General Reception & Raffle
7:00 p.m. Dinner, Program & Entertainment



It's Your Life. Live It Well.

**By Tom Wyllie,
Director of Wellness**

Are You Ready?

Did you know that September is National Preparedness Month? If there were an emergency, would you know what to do? According to the U.S. Centers for Disease Control, there are four steps we need to take to prepare for an emergency:

- 1. Get a Kit:** In an emergency, food and water may be scarce. That's why you should store at least a 3-day supply of food and water for yourself and your family. Having a first aid kit available along with a flashlight and a battery powered radio (with extra batteries) is also important. Additional important items can be found at www.ready.gov/basic-disaster-supplies-kit.
- 2. Make a Plan:** Emergencies fall into one of two categories: those that require evacuation and those that require you to shelter in place. You should plan for both scenarios including determining what supplies you will need, where you will go, and how you will get there. For help making a plan, visit www.ready.gov/plan-for-your-risks.
- 3. Be Informed:** Learn how your local community will notify you of an emergency. Methods vary but commonly include emergency radio and TV broadcasts. To learn what methods are used in your area, contact your local public safety office.
- 4. Get Involved:** Preparing for an emergency is a community-wide effort. There are many ways you can get involved including volunteering to be part of a Community Emergency Response Team, being a part of your community's planning process or donating needed emergency supplies. Additional ideas can be found at www.ready.gov/get-involved.

2013 SENIOR EXPO

The Community is invited to the 2013 Senior Expo on Tuesday, October 1st from 9:00am – 3:00pm., at the Kalamazoo County Expo Center and Fairground.

Over 100 exhibitors will be present to provide information on products and services of interest to older adults, caregivers, professionals and "boomers."

The expo features free health screenings to include memory, heart, blood pressure, blood sugar, cholesterol; and flu shots will be offered.

Door prizes will be drawn for attendees who visit sponsors' tables.

Don't miss the biggest and best Senior Expo in Michigan!

Birthday Celebration!

Mary Jane F.September 6th

Raquel V.September 9th

Cheryl B.September 18th

Wishing you a Happy Birthday and a Special Year!



Continued from page 2

Announcements Continued

- ❖ Last Saturday of the month is "Give-Away-Day" and Social gathering 10:00am – Noon. All items are FREE
- ❖ Loaves and Fishes – Delivery of Produce & Baked goods from Meijer Shopping Center. Deliveries are at random. All residents are welcome to what we receive, on a 1st come 1st serve basis. An announcement will be made when a shipment arrives.
- ❖ Xbox Bowling – Every Wednesday @ 2:00pm {with exception for other scheduled events at the same time.}
- ❖ Movie Matinee every other Tuesday – 1:30pm
- ❖ Wal-Mart Bus – Every Monday – Pick-up 12:15pm

Administrator Column

Where did the summer go? Autumn is quickly approaching.

Soon it will be Harvest time for all of our gardeners. My compliments to all of you!! Thank you for sharing the fruits of your labor, everything has been delicious. Nothing is better than enjoying homegrown vegetables. You are all Amazing!!

The resident's activity planning committee has been very busy. There are a lot of new activities starting this month. Please see the list on the announcement board on the 1st floor. This is a great opportunity to meet new neighbors, make new friends, socialize, get some exercise and have some fun. All are welcome to participate in the planning committee, the more the merrier. I hope you have a chance to get out and try something different.

Sage Grove will have a table at The 2013 Senior Expo on October 1st. This will be our 3rd year attending. The office will be

closed, but if you have a chance to get out and attend the Expo, please stop by and say Hello.

Let's have lunch together. We will be having a Harvest Party BBQ at noon on September 19th. We have Burgers and Hot Dogs we need to cook up. I hope you can make it.

Best wishes,

Paula Hager
Administrator

If anyone would like to write an article, poem, funny story, or has a recipe to share for our newsletter, I would love to have them. Please turn item into the Office by the 20th of each month. ... Thank you.

Calendar

Events for September 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 ~ Gospel Sing-Along 5pm - Cm Rm. ----- Birthday Celebration's 5:30pm in Comm. Rm.	2 Labor Day	3	4 ~ Commodities pick-up for those qualified ----- 2:00pm- Bingo with Meridian Advantage	5	6 ~ Comm. Van	7
8 Grandparent's Day	9	10 ~ Movie Matinee 1:30pm in Comm. Rm.	11 ~ Xbox bowling 2:00pm in Comm. Rm.	12	13 ~ Comm. Van	14 ~ Community Luncheon 11:00am in Comm. Rm.
15	16 ~ Bible Study Group Meets 4 - 5pm in Cm Room	17	18 ~ Xbox bowling 2:00pm in Comm. Rm.	19 ~ Harvest Party BBQ 12pm	20 ~ Comm. Van	21 ~ Crafts – 1:00pm in Cm Room
22	23 ~ Activity Planning Committee Meeting 10:00am in Comm. Rm.	24 ~ Movie Matinee 1:30pm in Comm. Rm.	25 ~ Xbox bowling 2:00pm in Comm. Rm.	26~ "BINGO" with~ Life EMS @ 2:30pm in Comm. Rm.	27 ~ Comm. Van	28 ~ "Give Away Day" and Social Gathering ~ 10am-12pm - ALL items FREE
29	30 ~ Bible Study Group Meets 4 - 5pm in Cm Room					

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

www.pvm.org



Office Numbers

**Phone: (269) 567-3300
Fax: (269) 381-6733**

Village Staff

Paula Hager
Administrator

Mark Eisenlord – Village of Mill Creek
Maintenance Technician

MAINTENANCE EMERGENCY NUMBER: (269) 615-3804



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org



**214 S. Sage Street
Kalamazoo, MI 49006**

Embrace the possibilities