



Village View



Embrace the possibilities

25330 West Six Mile Rd. Redford, MI 48240 • www.pvm.org

September 2013

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From the Executive Director:

There certainly are a lot of wonderful things happening at our Village! Our skilled nursing area has a newly renovated Transitional Care Unit for your short term medical or rehabilitation needs, we have right-sized our Assisted Living and we are deep in plans for our Independent Living neighborhoods. With all of the changes coming across our wonderful 33 acres you might have questions or concerns that need clarification. Please feel free to call me. I can be reached through the main line. I hope you all had a great summer and I look forward to a beautiful autumn.

Take Care,
Thom



The Village of
Redford
A SENIOR LIVING COMMUNITY
A Mission of Presbyterian Villages of Michigan

10th Annual
it's a wonderful Life
2013 GALA

Presbyterian Villages OF MICHIGAN THE FOUNDATION

Somewhere In Time

Sponsorship Packages Starting at \$350
Patron Tickets at \$325 per person
Individual Tickets at \$250 per person

Friday, November 1, 2013
The Henry Hotel, 300 Town Center Drive
Dearborn, MI 48126

5:30 p.m. VIP Pre-Reception
(Sponsors & Patron Tickets only)
6:00 p.m. General Reception & Raffle
7:00 p.m. Dinner, Program & Entertainment

For more information, contact PVM Foundation at
248.281.2040 or visit www.pvmfoundation.org

Look for PVM on:



Transitional Care Unit

AT THE VILLAGE OF REDFORD

Helping you from hospital to home!

If you have not had a chance to visit our newly renovated Transitional Care Unit, stop on in. If you or anyone you know is facing surgery, or a hospital stay, we would love to accommodate you. We make it our job to prepare you to safely return home.

Call Patricia Daniels at 313-541-6026 for more information.

TCU Testimonials

Estelle R. says,

*"They're really good to me here.
The therapists are really good."*

Esther E says,

"Sure is a nice place to me."

Walter O says,

*"Everybody here are jewels. You
guys are the greatest."*

Barbara W. says,

*"Yes, I think they're really
trying to help me!"*

My Last Article for the Year!

By: Megan Keup

This September issue will be my last article until next year! I am expecting my second baby on or around September 16th, so I will be on maternity leave. In my absence, if you have any questions about making a gift, please feel free to contact Paul Miller directly at 248.281.2045 or pmiller@pvm.org.

The PVM Foundation will have some exciting opportunities for year-end giving, so please stay-tuned! I encourage you to consider giving to help support a fellow resident that may be in need.

It has been wonderful getting to know many of you this year, and I am looking forward to meeting many more of you in 2014. We have some new things planned for next year including new resident coffees, workshops and much more!

Announcements

All Resident Monthly Meeting

The Resident Meeting is an informational meeting for all residents' campus wide. This meeting updates you on all that is happening in and around the village. This is a great time for you to share any questions and concerns that you may have and for you to meet the department managers.

[The date for the next Resident Meeting- to be determined.](#)

Please keep in mind that the Resident Meeting is not the time to discuss personal problems, but rather a time to discuss things that would involve most of the campus.

You may, however, meet with a manager after the meeting to discuss something personal. [Please contact Sherry Prokes if you have any questions or concerns at ext. 16183.](#)

Location Abbreviations

FR- Fitness Room

LEC- Life Enrichment Center

RCD- Recreation Center

PDR- Patterson Dining Room

BRD- Board Room on D Hall

FPR- Fireplace Room

CHPL- Chapel



The Senior Advocate.

By Lynn Alexander,
Vice President of Public Affairs

DON'T BE SCAMMED

Recently I read an interesting anecdote which asked: What do you call a person with an offer you can't refuse offering amazing returns on your investment? The answer: a scam artist who belongs in jail! Don't be taken in by these unscrupulous criminals. Protect yourself! Here are some simple tips to follow.

Remember:

If something seems to be too good to be true, it is!

If someone is really a prince or princess from some foreign country they do not need your help to claim their fortune.

Any legitimate person would not approach a total stranger and ask for money.

Tell telephone solicitors that you do not accept any requests over the phone.

Always check with a trusted source (relative, friend, long-time financial adviser before investing any money in anything.

Do not give in to pressure to buy. And if someone pulls that on you report them immediately.

Do not fall for the "grandparent scam" whereby someone calls telling you that your grandchild is in trouble and needs you to wire money to him or her.

Remember that for every dollar you own there are thousands of people trying to steal it.

If you think you may have already been scammed tell your family or trusted adviser

immediately. Many times folks fail to report these incidents because they are

embarrassed. Anyone can be scammed. Just don't let them get away with it. The faster

It is reported the better chance there is of recovering losses.

Follow these simple tips; and you will be a smart and savvy senior. Cheat these scam artists out of the opportunity to cheat you! All the best to you and yours.

"Z" Words Trivia

1. What is a favorite summertime green squash?
2. Can you name the twelve astrological signs of this Z word?
3. What Z word does Merriam- Webster Dictionary define as a "branch of biology concerned with the classification and the properties and vital phenomena of animals"?
4. What Italian dessert beginning with Z consists of primarily custard made with egg yolks, sugar, and Marsala wine?
5. What Z word captures the general spirit of an era including its moral, intellectual, and cultural characteristics?



*Answers on bottom of page 4.

Are You Ready?



Did you know that September is National Preparedness Month? If there were an emergency, would you know what to do? According to the U.S. Centers for Disease Control, there are four steps we need to take to prepare for an emergency:

- 1. Get a Kit:** In an emergency, food and water may be scarce. That's why you should store at least a 3-day supply of food and water for yourself and your family. Having a first aid kit available along with a flashlight and a battery powered radio (with extra batteries) is also important. Additional important items can be found at www.ready.gov/basic-disaster-supplies-kit.
- 2. Make a Plan:** Emergencies fall into one of two categories: those that require evacuation and those that require you to shelter in place. You should plan for both scenarios including determining what supplies you will need, where you will go, and how you will get there. For help making a plan, visit www.ready.gov/plan-for-your-risks.
- 3. Be Informed:** Learn how your local community will notify you of an emergency. Methods vary but commonly include emergency radio and TV broadcasts. To learn what methods are used in your area, contact your local public safety office.
- 4. Get Involved:** Preparing for an emergency is a community-wide effort. There are many ways you can get involved including volunteering to be part of a Community Emergency Response Team, being a part of your community's planning process or donating needed emergency supplies. Additional ideas can be found at www.ready.gov/get-involved.

Answers to "Z" Words Trivia

1. Zucchini. Fried zucchini are regarded as a delicacy.
2. Zodiac. The twelve signs of the zodiac are Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Aquarius, and Pisces.
3. Zoology.
4. Zabaglione.
5. Zeitgeist.
6. Zeal.



We'd "Love" to Hear from you!

By Carrie Moon-Dupree

It's that time of year; no not fall but rather "Resident Satisfaction Survey" time. In September you will receive a letter announcing that the annual resident satisfaction surveys are coming.

Approximately a week later the actual survey, will be sent out. You will have approximately two week in which to return the survey, either in the return envelope, or in the survey box provided by your administrator.

After all the surveys have been tabulated, each Village Administrator will receive the results, along with a list of comments, both good and bad. These results will be shared with you and the Board of Trustees.

This year we have partnered with a new survey company, Holleran. They are a leader in the survey field for senior living / long term care. Holleran is helping Presbyterian Villages develop a survey that really captures what our residents think and feel about their interactions with us. Lest you think your voice doesn't

Continued on pg [5]

The Chapel View

Continued from page 4

Volunteering for Joy and Health – Residents, Families and Friends

We all have experienced the joy of helping out – whether in our church, our neighborhood, or far from home. Often called a “helper’s high,” people simply enjoy being a part of making the world and our community a better place to live.

An article in the Chronicle of Philanthropy from 2007 points out other benefits of volunteering. Volunteering can help lower rates of depression, help people recover from illnesses faster and raise life expectancy. When we volunteer, we can expect to live longer! Wow! That is a great reason to volunteer!

Volunteering provides a sense of purpose, socialization, intellectual and physical stimulation, emotional satisfaction and spiritual comfort and peace. All these benefits lead to healthy and joyful living.

Our God places each of us in positions and situations where we can assist our neighbors. And we do those acts of kindness and goodness each and every day. Volunteering is an organized method to accomplish God’s purpose for us and those in need. And we realize that on some days we help others; on some days others help other. As the advertisement says, “Just do it!”

Volunteer opportunities abound in the Village of Redford and in our community, for residents, families, staff and friends. Whether it is visiting a new friend, stuffing envelopes, demonstrating your favorite hobby or something more strenuous, find a place to use your unique talents to serve. If you would like some suggestions, contact Karl Schillinger (x. 34783) or me (x. 16061). We will be glad to assist you in volunteering and living long and healthy.

A cheerful look brings joy to the heart

and good news gives health to the bones. (Proverbs 15:30)

Peace, joy and health in Christ, Chaplain Kent

matter, I can tell you personally that Presbyterian Villages of Michigan pays attention to the survey results. We do spend a great deal of time understanding what we are doing right and what needs improvement based on your answers. As a result of last year’s survey, every Village worked on something that was identified in that Village’s survey results that needed improvement. This year you can let us know how we did.

I look forward to hearing from you and sharing the 2013 survey results. Your opinion does matter to us. Please take the time to take this confidential and anonymous survey and let your voice be heard.

Schedule of Special Events:

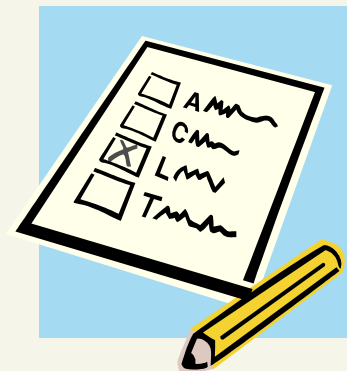
Chapel Bible group meets most Wednesdays at 1:30 p.m. On September 4 and 18, Sister Shelley Anderson will lead the group with an uplifting message of God’s grace and peace. Chaplain Kent will lead the group on September 25. The group will not meet on September 11.

September 9, Monday - Sylvan Terrace Bible Study, at 10:00 a.m. at Willa Tye’s home, Sylvan Terrace, A-2. Join us for a stimulating discussion of Biblical topics. All are welcome.

September 21, Saturday - Mass, at 10:30 a.m. in the Chapel with Father Socorro Fernandes from Our Lady of Loretto.

September 19, Thursday, - Sing-Along with Claire, at 2:00 p.m. in the Chapel. Sing all the old favorites with our friend and Handchime director Claire Miller.

October 1, Tuesday, - Handchime Rehearsal, 3:00 p.m. Our Fall schedule of weekly Handchime rehearsals begin October 1. Calling all chimers to return. Calling all newcomers to check out the group. Rehearsals are from 3:00 p.m. – 4:00 p.m. every Tuesday in the Chapel. No previous chiming experience necessary. Contact Chaplain Kent (x. 16061) for details.



Free Transportation

Senior Alliance Now Offering Transportation

In partnership with the Downriver Community Conference, this program provides door-to-door non-emergency medical transportation to doctor appointments. This service is available to individuals age 60 and older who reside in southern and western Wayne County. There is no charge for this service, though donations are accepted. For information call 734-362-7029



Please wish all of our September Birthday Residents a Happy and Healthy Birthday Month!

Birthday Celebration

The Birthday Party will be on Thursday, September 5 at 2:00pm in the RCD. Please join us to celebrate all of the September Birthdays!

Village Friends

Katherine Burns	09/04
Deloris Nance	09/05
Nancy Teddy	09/08
Betty Schwesinger	09/09
Nathan Stringer	09/09
John Judge	09/17
George Ishioka	09/18
Mary Moulden	09/18
John Martin	09/20
Margaret Timmons	09/20
Barbara McKerracher	09/25
Dolores Bischak	09/26
Natalynne Williams	09/29

Villa Friends

Ann Pasternak	09/10
Doris Van Oyen	09/11
Mae Anderson	09/13
Helen Marelich	09/27
Clinetta Thomas	09/27
Minnetta Thomas	09/27



Welcome New Residents

Please remember to welcome our new residents. It's always nice to see a friendly smiling face when you move some place new.

Maria Treese
Patterson

Charles Haskins
Sylvan Terrace

Sylvia Hutchins
Patterson

Events for September 2013

Monday, September 2- Happy Labor Day!

Tuesday, September 3- Rosary is at 9:30 am in the Chapel.



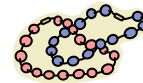
Thursday, September 5- Birthday Party at 2:00 in RCD with music from R J's Blues.

Monday, September 9- Sylvan Terrace Bible Study is at 10:00 in apt. A2.

Monday, September 9- Ward Sing-a-long in RCD at 3pm.

Tuesday, September 10- Rosary is at 9:30 am in the Chapel.

Tuesday, September 10- We will be going banking at 1:00pm. Call Janet at ext. 16047 to reserve your seat.



Wednesday, September 11- Beading Class is at 10:00am in LEC.

Thursday, September 12- Shopping at Kroger at 10:30. Call Janet at ext. 16047 to reserve your seat.

Friday, September 13- Dynamo Show with Paul Koniarz at 2:00 in the RCD.

Tuesday, September 17- Rosary is at 9:30 am in the Chapel.

Wednesday, September 18- Art Class in RCD at 10:00am. We will be making a project using ceramics.

Thursday, September 19- Sing-a-long with Claire (hand chime choir director) at 2:00 in Chapel.

Saturday, September 21- Catholic Mass is at 10:30am in the Chapel.

Tuesday, September 24- Rosary is at 9:30 am in the Chapel.



Wednesday, September 25- Beading Class is at 10:00 in LEC.

Thursday, September 26- We will be shopping at Meijer. Bus leaving at 1:00. Seating is limited. Call Janet at ext. 16047 to reserve your seat.

The Village of Redford Department Extensions

ADMINISTRATION

Vice President & Executive Director Thomas Hosinski 533-0146

Villa Administrator Gloria Robinson 541-6042

Executive Assistant & Office Manager Sherry Prokes 541-6183

Billing Lisa Hibbard 541-6073

Chaplain Kent Aughe 541-6061

Medical

Director of Nursing Kafi Williams 541-6232

Social Worker Lynn Pietrzak 541-6062

Mc Comber 541-6010

TCU 541-6012

Villa

Office Assistant Tomika Trice 541-5991

Maintenance Mark Uzarek 541-6029

Assisted Living Clinic 541-6018

Nurse Coordinator Joyce N Hamlin 541-6283

Maintenance

Manager 541-6471

Supervisor Jerry Jones 541-6458

Marketing & Sales

Manager Denise Mazzetti 533-3412

Admissions Patricia Daniels 541-6026
Admissions Asst. 541-6484

Dining Services

Director of Dining Services Randi Simko 541-6103

Executive Chef Joel Vassollo 533-5797

Dining Coordinator Sholanda Bivins 537-0062

Dietician Tom Benoit 533-5975
Kitchen 541-6067
Apple Bistro 541-6015

Human Resources

Manager Kenya Bragg 541-6420
Assistant Wenona 541-6418

Breazeale Erica Newby 541-6054

Rehab/Therapy

Life Enrichment

Manager Karl Schillinger 533-4783

Supervisor & Transportation Janet Frederick 541-6047

Beauty Shop

Rose, Diana, and Beverly 531-6942

Villa Beauty Shop 541-6077

EMERGENCY Number 313-402-4985

Night Guard Phone 313-402-4985



Celebrate *Somewhere In Time* and Support PVM's Mission!

Do you want to positively impact the lives of PVM residents AND have a fun, memorable night? **Then join us for the 10th annual *It's A Wonderful Life* Gala on Friday, November 1st at The Henry Hotel in Dearborn!** This year's theme, *Somewhere In Time*, is a celebration of life's moments throughout the decades – where we have been and where we are going. You won't want to miss the inspirational resident stories that will be proudly displayed for our PVM family and friends to see!

When: Friday, November 1, 2013

5:30 p.m. Sponsor & Patron VIP Pre-Reception

6:00 p.m. General Cocktail Reception & Raffle

7:00 p.m. Dinner & Program



Where: The Henry Hotel, 300 Town Center Drive, Dearborn, Michigan 48126

Cost: \$250 Individual Ticket includes General Cocktail Reception, Dinner & Program

\$325 Patron Ticket includes Private VIP Pre-Reception, Prime Seating at Dinner & Program

Event proceeds will benefit the needs of more than 4,300 residents and community seniors throughout Michigan. **PVM employees can purchase tickets through payroll deduction or you can even donate PTO time.** For more information, contact us at 248-281-2040 or pvmfoundation@pvm.org, or visit the "Events" page at www.pvmfoundation.org.

Odd One Out

The object of the game is to guess which one of four items does not belong and why it doesn't belong.

1. Novel, magazine, newspaper, radio broadcast (A radio broadcast is not something you read, so it is the odd one out.)
2. Dog, elephant, cat, turtle (An elephant is not normally a pet.)
3. Doctor, poet, priest, psychologist (A poet is not someone you would tell your problems to.)
4. Archaeologist, sociologist, historian, paleontologist (A sociologist is the only one that does not work with things from the past.)
5. Mother's Day, Veterans Day, Father's Day, Independence Day (Independence Day celebrates a country. All of the others celebrate people.)

Presbyterian Villages of Michigan Mission Statement

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org



History of Labor Day

Labor Day is a legal public holiday observed annually on the first Monday in September in the U.S., Canada, and Bermuda. In other countries, Labor Day is celebrated May 1. This holiday pays tribute to the contributions and achievements of workers. The first Labor Day in the U.S. was a parade in accordance with the plans of the Central Labor Union around Union Square in New York City on Tuesday, September 5 1882 with over 10,000 people participating. After marching from City Hall, the workers and their families gathered in Wendel's Elm Park for a picnic, concert and speeches. The Central Labor Union held its second Labor Day holiday a year later.

EMERGENCY NUMBER

(313) 402-4985

Village of Redford Front Desk

(313) 531-6874



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org



**25330 West Six Mile Rd
Redford, MI 48240**

Embrace the possibilities

The Village Of Redford
 25330 West Six Mile Road
 Redford, Michigan 48240
 (313) 531-6874

Patterson/Independent Living
 September 2013
 Social Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:30 Worship Service- Chpl 2:00 Sunday Social-LEC	2 Happy Labor Day! 11:15 Word Game-LEC 2:00 Outdoor Walk	3 Popcorn Day 9:30 Rosary/ Comm. 11:15 Game with Judy-LEC 3:00 Patterson Bible Study- FPR	4 11:15 Exercise- RCD 1:30 Chapel Bible Study	5 11:15 Word Game-LEC 2:00 Birthday Party-RCD	6 11:15 Games with Judy- RCD 3:00 Bingo in Sterling Dining Room	7 11:15 Sing-a-long- Chpl
8 10:30 Worship Service- Chpl 2:00 Sunday Social-LEC	9 IL Transportation Day 10:00 Sylvan Terrace Bible Study-A2 11:15 Exercise- RCD 3:00 Ward Presbyterian Sing-a-long-RCD	10 Popcorn Day 9:30 Rosary/ Comm. 11:15 Game with Judy-LEC 1:00 Banking with Janet 3:00 Patterson Bible Study- FPR	11 10:00 Beading-LEC 1:30 Chapel Bible Study	12 10:45 Kroger 2:00 Tea and Muffins	13 11:15 Games with Judy- RCD 2:00 Dynamo Show- RCD No Bingo	14 11:15 Exercise- RCD
15 10:30 Worship Service- Chpl 2:00 Sunday Social-LEC	16 10:00 NEWC- BRD 11:15 Exercise- RCD	17 Popcorn Day 9:30 Rosary/ Comm. 11:15 Game with Judy-LEC 3:00 Patterson Bible Study- FPR	18 10:00 Art Class-LEC 1:30 Chapel Bible Study	19 11:15 Word Game 2:00 Sing-a-long with Chaire- Chpl	20 11:15 Games with Judy- RCD 3:00 Bingo in Sterling Dining Room	21 10:30 Catholic Mass- Chpl
22 10:30 Worship Service- Chpl 2:00 Sunday Social-LEC	23 11:15 Exercise- RCD 2:00 Making Ice Cream- LEC	24 Popcorn Day 9:30 Rosary/ Comm. 11:15 Game with Judy-LEC 3:00 Patterson Bible Study- FPR	25 10:00 Beading-LEC 1:30 Chapel Bible Study	26 11:15 Games-LEC 1:00 Meijer	27 11:15 Games with Judy- RCD 3:00 Bingo in Sterling Dining Room	28 11:15 Exercise- RCD
29 10:30 Worship Service- Chpl 2:00 Sunday Social-LEC	30 11:15 Exercise- RCD 2:00 Brownie Baking- LEC					